

Patent Claims:

1. A snow board with a divided gliding surface consisting of a unitary basic body, characterized by the fact that
5 the basic body (10) consists of two lateral gliding members (2; 3) extending in the longitudinal direction of the snow board (1) as well as a longitudinal web (4) provided between the gliding members (2;3) which together are connected to the forward section (5) and the rear section (6) of the snow board (1).
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2. The snow board of claim 1, characterized by the fact that the elongate web (4) is structured as a support surface for the snow boarder and is arranged, relative to the gliding members (2;3) at a vertical distance of up to 5 cm, preferably 3 to 5 cm, in the basic body (10).
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3. The snow board of claims 1 and 2, characterized by the fact that the longitudinal web (4) in the area of its support surfaces is provided with fastening elements structured as insert (7) for ski bindings.
- 20 4. The snow board of one of claims 1 to 3, characterized by the fact that the fastening elements for ski bindings are structured as guide rails in which the ski bindings may be arranged for longitudinal movement.
5. The snow board of one of claims 1 to 4, characterized by the fact that
25 in their longitudinal direction the gliding members (2;3) are shaped like a snow board (1) and are provided with a waistline (9) and that spacer elements (8) are fixedly or movably and replaceably arranged on the surfaces of the gliding members (2;3).
- 30 6. The snow board of claims 1 and 5, characterized by the fact that the releasable connection of the spacer elements (8) with the gliding members (2;3) is accomplished by inserts (7).

7. The snow board of one of claims 1 to 6, characterized by the fact that at the positions of transition of the elongate web (4) with the forward and rear section (5;6) of the basic body (10) are curved and that lateral slots (11) are provided between the gliding members (2;3) and elongate web (4).

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